



REDgen

# PARENT WELLNESS CIRCLE

REDgen is continuing to create parent communities in the Milwaukee area to discuss the joys and challenges of parenting. These six-week groups offer a welcoming space for fathers and mothers with children of all ages to share experiences and grow together.



The next group will meet on Mondays, 7:00 - 8:30 PM, at Bayshore Town Center, Suite 270, above QDOBA. Jan. 15 - Feb. 26 (Excluding Feb. 19). These free group sessions will be led by Holly Stoner, family therapist and co-creator of The Parent Wellness Compass program. Email [holly@samaritanfamilywellness.org](mailto:holly@samaritanfamilywellness.org) to register.